



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

THE SOLEMNITY OF MARY, MOTHER OF GOD



Jan 1 – Mary, the Holy Mother of God

Numbers 6.22-27
Galatians 4.4-7
Luke 2.16-21

Jan 8 – The Epiphany of the Lord

Isaiah 60.1-6
Ephesians 3.2-3a,5-6
Matthew 2.1-12

Parish Calendar

Mon, Jan 2 St. Basil the Great & St. Gregory Nazianzen

9:00 am Mass

Tue, Jan 3

9:00 am Mass

9:30 am Lay Apostolate of Jesus Christ the
Returning King

Thu, Jan 5

9:00 am Mass

9:30 am Cenacle of Marian Movement of Priests

Fri, Jan 6

9:00 am Mass

9:30 am Flame of Love Prayer Group

9:30-10:30 am First Friday Adoration and Benediction

Sat, Jan 7 St. André Bessette

4:00-4:25 pm Reconciliation

5:00 pm Mass

Sun, Jan 8 Solemnity of the Epiphany of the Lord

9:00 am Mass

10:30 am Mass

and Mass will be available on the church website:

www.holyspiritparish.ca

Adoration of the Blessed Sacrament will be held on Friday Jan 6th after the 9am Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction till 10:30am. We are invited to pray for the Synod as called by Pope Francis and for vocations to the Priesthood.

PRAYER FOR VOCATIONS That Mary, the Mother of God will nurture, guide and protect all those called to the priesthood, diaconate, and the consecrated life, we pray to the Lord.

To all parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password, "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

Offering A Mass

Parishioners are invited to have a Mass said for those who have passed away, or for anyone you know who could benefit from the spiritual graces that come with having a Mass said on their behalf. Have a Mass offered in thanksgiving or celebration, in memory of a loved one, or for special intentions for a friend who is suffering. There are many fruits and graces that result from having a Mass said. Don't miss out on these graces for yourself and those you love! Find a reason to have a Mass offered today. For more information, visit the Parish Office, call 613-836-8881 or email admin@holyspiritparish.ca

Mass Intentions

Sat, Dec 31 – 5:00 pm

†Mike McLaughlin by Msgr. Muldoon

Sun, Jan 1 – 10:00 am

For the intentions of all parishioners

Mon, Jan 2 – 9:00 am

Intentions of Margaret Mulvihill by Marion Di Gaaspari

Tue, Jan 3 – 9:00 am

†Dorcas Plant by Family

Thu, Jan 5 – 9:00 am

†Mike McLaughlin by Mr. & Mrs. Eugene Muldoon

Fri, Jan 6 – 9:00 am

†Vince Valente by Sandra Cybulski

Sat, Jan 7 – 5:00 pm

†Craig Pilley by Ross & Jackie Pilley

Sun, Jan 8 – 9:00 am

For the intentions of all parishioners

Sun, Jan 8 – 10:30 am

†Enrico Riga by Silvia & Family

Deceased Family Members by Eileen Garvey



Please pray for those who are sick: Rolando, Marlene, Connie O'Brien, Ron, Dan, Dorothy, Alma, Patrick, Bill, Joan, Jane

Please pray for those who have died: †Vivianne Goneau, sister of Gisele McNulty; †Rose McCarthy

†Indicates Deceased

Have You Moved in the past year? Call or email the Parish Office to be sure we have your new mailing address before income tax receipts are printed and distributed. Please help us stay up to date!

World Day of Peace – January 1st

The World Day of Peace was established by Pope Paul VI in 1968 who asked that "every year, this commemoration be repeated as a hope and as a promise, at the beginning of the calendar which measures and outlines the path of human life in time, that Peace with its just and beneficent equilibrium may dominate the development of events to come".

WISE WORSHIP... Matthew 2.11

The Wise Men brought three gifts with them. Each gift had a special meaning. Giving baby Jesus gold tells us the Wise Men knew he was a king. Frankincense was a special spice that priests burned in the temple when they prayed. This showed that Jesus is also a priest, someone who goes between God and us. Myrrh was a perfume used on bodies before they were buried. Did the Wise Men know that Jesus would die for them, for us, for the whole world?

We can be wise today, as we worship Jesus. We know what great things he did and still does for us today.

Wise God, please give me the wisdom to keep worshipping you.

From No Crib for a Bed by Stephanie Howland

Word from the Pastor

The Lord bless you and keep you. The Lord make his face to shine on you and be gracious to you. The Lord lift up his countenance upon you and give you peace. (Numbers 6: 22). Today's celebration of the Motherhood of Mary and the World Day of Peace are words we can relate to as we begin 2023.

May this new year bring us holiness and joy in the Saviour.

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

God Came to Tea by Brenda Sheridan

God came and sat down with me.

I asked God to tea.

God sat there in the kitchen and smiled at me.

But I stumbled and mumbled, afraid just to speak.

It was my invitation, yet how could this be?

I poured God some tea and started to cry.

God patiently waited, but finally asked why.

I couldn't begin, I was afraid just to start.

What could I say, since God knows my heart?

Do you love me? God asked.

But of course! I replied.

Then why won't you speak to me?

And again, I cried.

I love you, God told me. I know you so well.

But there are things on your mind. Why won't you tell?

But you know! I replied. You are God! I cried.

I am just little me and I'm scared. Don't you see?

God took hold of my hand in the gentlest way.

God said close your eyes and then try to pray.

I love you so much, so much more than you know.

Talk to me as a friend, just let the words flow.

I don't seek to control you, I want you to choose.

I want you to love and I want you to lose

the fear that has told you that God is so great

that no one can know God, that Heaven can wait.

For God is right here, God is sipping this tea.

God is talking to you; will you please talk to me?

So I prayed and I talked, soon my eyes opened wide.

God was here drinking tea; God was right by my side.

I'm no longer afraid, not in awe do I stand.

But in love, like a friend.

God again took my hand.

Whenever you need me, remember the tea.

Ask me in, sit me down, and then look at me.

I'm your friend, God said.

Don't hold me in awe.

So I looked in God's eyes and there was love that I saw.

Take Five for Faith: Daily renewal for busy Catholics
Slow down to celebrate Part of the wisdom coming to us from our long church tradition is found in the realization that some mysteries take a while to unfold. That is why during the Christmas season we celebrate the great mystery of God in the world for an entire octave, the eight days between Christmas and the solemnity of the Blessed Virgin Mary, the Mother of God. As we approach the end of this great celebration, ponder for a few moments how the mystery of this event has unfolded for you this year. And take a moment to feel the joy of Christmas once again.

"The light shines in the darkness, & the darkness has not overcome it."

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Full-time position Administrative Finance Officer. Must be **fluently bilingual**, compassionate pro-life person to help pregnant women. Needs accounting and computer skills. \$18.00/hr, 32 hrs/week. Contact: Nicole, at: dir.centremiriam@gmail.com For more info and job description: www.miriamcentre.ca

Ottawa School of Theology & Spirituality Winter Semester 2023: Moved to an online format for winter 2023. The two 5-week sessions will run **Jan 9–Feb 6**, and **Feb 13–Mar 20**. Please check the website for course descriptions: www.osts.ca.

The Waupoos Foundation Seeking Volunteer Resident Family: To provide a welcoming environment, giving respite and vacations for those who really need a break away from everyday life. Seeking a family to join the team and to live in community at the farm. Further info: 613-822-2189; contact@waupoos.com.

Pope Francis – Inspired Prayer to Holy Spirit

Once more I invoke You, Holy Spirit:

I implore You to come and renew your Church.

Open our cold hearts and shake up our lukewarm

And superficial spiritual existence.

Make us fearlessly open to your operations in us.

Appoint us with Divine Love in renewed experience

Of our Salvation in the Crucified, Risen, and

Eucharistic Lord Jesus Christ dwelling within us.

Fashion in us a life transformed by the encounter

With our God's presence, and thus set out hearts

ON FIRE with enthusiasm to go forth boldly to

Evangelize all peoples, full of your fervor, joy,

Generosity, courage, boundless love and great

Attractiveness.

Let us know experientially that Jesus walks with Us,

speaks to us, breathes with us, works with us,

And that He is really alive within us to cure the

Infinite sadness of the human race by the Infinite

Love of God The Father.

We ask You this through the intercession of

Mary, Mother of the living Gospel, Wellspring

of Happiness for God's little ones, and in the

Name of Jesus Himself, Our Lord and Saviour.

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